

Resource Investor Monthly

The Resource Investor Monthly is produced by Ascenta Capital Partners Inc., a leading provider of outsourced investor relations to public companies in Western Canada. Among Ascenta's client roster are a number of high-quality junior resource companies that are active throughout the world. The Resource Investor Monthly provides a brief overview of current developments relating to these companies. This information is not intended to be complete and does not constitute an offer or solicitation to buy or sell any securities discussed herein in any jurisdiction. Investors should obtain advice based on their own individual circumstances before making an investment decision. For additional information on any one of these companies, readers are encouraged to contact the investor relations representative noted or visit the company's website.



FirstGrowth Expands Global Market Presence with Contract in Colombia

July 24, 2007 - FirstGrowth Capital Inc. (TSXV: FGC; Frankfurt: WKN A0MKVS; G8Q) announced that its subsidiary Kinetex Inc. has entered into a contract with Carbones Del Cesar S.A., a subsidiary of Coalcorp (TSV:CCJ). Kinetex is scheduled to commence operations in August of 2007, in the province of Del Cesar in Colombia, South America.

Kinetex Inc. has been pursuing the development of a market presence in South America for a number of years, with the objective of achieving a strong demand for applied sciences within the general context of geophysical services, and specifically advanced 3C seismic imaging services. Carbones del Cesar's (Coalcorp) decision to request our services after extensive due diligence, provides us confidence that our brand of services are gaining recognition worldwide. The contract contemplates a series of services, with the opportunity for extending the agreement as further analysis, exploration, and development opportunities arise.

"This contract is an important milestone for the company and signifies our expansion in the global market," stated Gil Schneider, President and CEO of FirstGrowth. "Our services are gaining worldwide recognition for their quality and accuracy. We are currently undertaking negotiations with a number of additional international clients, with a host of exciting contract opportunities at various stages of development."

Kinetex Inc. is utilizing its 3C VectorSeis© digital crews in an effort to assist in the optimization of the exploration and development efforts of Carbones del Cesar. The program being completed,

is targeted to provide sub-surface testing in the vicinity of an existing mine site, as well as the adjacent geological regions associated with the ongoing mining operation. The initial program is scheduled to be completed in the third quarter of 2007. Upon completion of the initial field operations, Kinetex will be assisting in facilitating the analysis, and subsequent development of further plans, as deemed necessary from the results.

FirstGrowth Capital Inc. is an oil, gas and mineral services company. The company's primary acquisition is Kinetex Inc. a digital full wave seismic acquisition company servicing the oil & gas and mining industry.

FirstGrowth Capital Market Information

Shares Outstanding:	29.8M
Shares Fully Diluted:	45.3M
Recent Price:	\$0.99
52-Week High/Low:	\$1.45/\$0.85
Market Cap:	\$29.5M
Website:	www.firstgrowthcapital.ca

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Mexican Silver Mines Ltd.

Mexican Silver Mines Ltd. Provides Project Updates

July 9, 2007 - Mexican Silver Mines Ltd. (TSXV: MSM; Frankfurt: WKN A0MSLE; MS2) provided an update on its ongoing exploration at Ral, Providencia and Anillo de Fuego. These concessions are located halfway between Monterrey, Mexico, and Laredo, Texas and are 100% held by Mexican Silver Mines Ltd.

Targeting activities are now completed at the La Blanca project on the Providencia concession. Sites for two diamond drill holes have been selected near the historic mine workings which will test the depth to the favorable carbonate stratigraphy where high grade surface silver-lead-zinc mineralization is present in a high angle structure within the Upsom Formation claystone. Carbonate replacement or 'manto-type' ores are targeted in the underlying limestone units. La Blanca will be the first target to be drill tested on the company's concessions.

Also on the Providencia concession, work is advancing at the Vallecillo district which contains seven historic silver mines and multiple prospects. Base maps, digital elevation models and satellite images are being generated to compile historic mine data and to add new geological information. A team of geologists are currently working in this 12 km² district to determine the stratigraphic and structural controls to the historic ore zones and to project potential target zones for future trenching and drilling. Samples are being taken at the sites and will be shipped to ALS Chemex in Vancouver for analysis. It is anticipated that a trenching program will be conducted in mid July and drilling in the Vallecillo district will commence in late July to early August after the La Blanca drilling has been completed.

Exploration at the La Iguana mine, located on the Ral concession, continues with surface mapping. The initial surface sampling is nearing completion. Iguana is one of the largest and geologically most complex of the historic mining districts on any of the company's concessions. Numerous surface and subsurface intrusive bodies are present in the area and the mineralization has been found to be related to chemically favorable carbonate horizons in proximity to the central intrusive complex. Mapping and sampling are defining those contacts between the intrusives and the carbonates and the

sampling is defining areas of anomalous mineralization not previously explored.

On the Anillo de Fuego concession, a broad anticlinal structure hosts numerous small historic silver-lead-zinc mines and occurrences. The mineralization is located along the crest of this structure over a distance of 10 kilometers. Very little information has been found regarding these old mines but the company's geologists are attempting to acquire information from local sources. The exploration effort at Anillo de Fuego has begun and is being directed at collecting geological, geochemical, and structural data from the historic mines. The evaluation of this concession is at the earliest stage of any of the targeting activities on the Company's concessions.

Mexican Silver Mines Ltd. is a junior resource company developing three former silver producing properties in northeastern Mexico.

Mexican Silver Mines Market Information

Shares Outstanding: 40.0M
Shares Fully Diluted: 55.2M
Recent Price: \$2.20
52-Week High/Low: \$2.25/\$0.70
Market Cap: \$88M
Website: www.mexicansilvermines.com

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crowflight minerals inc.

Crowflight - Xstrata Complete Transfer of Bucko Lake Mining Lease to Crowflight

July 12, 2007 - Crowflight Minerals Inc. (TSXV: CML; Frankfurt: WKN 358036; CMI) announced that the Company and Xstrata Nickel have concluded the transfer of the 5.5 square kilometre Mining Lease 031, which surrounds and includes the Bucko Lake Nickel Deposit, from Xstrata Nickel to Crowflight. Crowflight completed all of its earn-in commitments, including the expenditure of \$7.5 million on a Bankable Feasibility Study of a technical standard acceptable to a bank for financing such a project's development and signed all documents for the transfer of ownership of Mining Lease 031 to Crowflight.

Thomas Atkins, President and CEO of Crowflight, commented on the transfer, stating: "It is gratifying that after almost three years of hard work that the

Company has accomplished this milestone, having earned a 100% interest in an asset as attractive and with as much potential as Mining Lease 031. We remain confident of our ability to continue to enhance the value of this asset in the future through additional exploration and project development efforts. Construction of the Bucko Lake mine is progressing well and we continue to build our management and operating team to begin nickel production in approximately 12 months time."

Crowflight Minerals Inc. is currently focused on construction of the Bucko Lake Nickel Mine, which is scheduled to start production in Q2 2008.

Crowflight Minerals Market Information

Shares Outstanding: 232.5M
Shares Fully Diluted: 275.5M
Recent Price: \$1.10
52-Week High/Low: \$1.35/\$0.175
Market Cap: \$255.8M
Website: www.crowflight.com

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Yellowjacket Zone Trial Mining Program Progresses

July 23, 2007 - Prize Mining Corporation (TSXV: PRZ; Frankfurt WKN A0D9T0; MQS1) issued a progress report on the trial mining program on the Yellowjacket Zone, part of the Atlin Gold Properties, in northwestern British Columbia.

A bedrock pit has been located along the mineralized trace of the Pine Creek Fault in an area referred to as the Yellowjacket Zone. The pit is centrally located along the fault trace, near the west end of the Yellowjacket Zone in an area where good gold mineralization comes to the bedrock surface. The entire 10,000 tonne bedrock bulk sample has now been excavated from the bedrock pit. Final pit dimensions are 70 x 40 metres. The 250 tonne blocks have been extracted from three lifts of 2.5 metres each (the deepest bedrock extraction being 7.5 metres below the bedrock surface).

As anticipated, high grade two metre horizontal bedrock channel samples exhibited characteristic coarse gold "nuggety" signature. The two metre long samples range in gold grades from trace to 329.83 g/t (10.6 oz/T).

Channel samples were collected at two metre intervals across the bedrock exposed in the excavated pit. Cross-section dimensions of the channel samples are 5 x 5 centimetres, in order to represent a similar cross-section or volume of material to that obtained from diamond drill holes.

Tables on the company's website show results from select two metre channel samples collected from the central, east and west areas of the bedrock pit. The central area had previous high grade diamond drill hole intercepts and, as anticipated, additional high grade gold results were obtained from this program.

Results from the west and east ends of the bedrock pit are also considered to be very positive as they indicate that the gold mineralization continues along the trace of the main Pine Creek Fault zone, with gold mineralization remaining open to the east and west of the exposed bedrock pit. Results from the west end ranged from trace to 91.59 g/t gold and those from the east end ranged from trace to 35.72 g/t gold.

Prize Mining Corp. currently has two active projects in Canada: The Pine Creek Bedrock Project located in Atlin, British Columbia, and the Muskox PGE Project in Nunavut, Canada.

Prize Mining Market Information

Shares Outstanding: 46.0M
Shares Fully Diluted: 50.1M
Recent Price: \$0.27
52-Week High/Low: \$0.405/\$0.21
Market Cap: \$12.4M
Website: www.prizemining.com

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Primary Metals Reports Improvements at Panasqueira Tungsten Mine

July 18, 2007 - Primary Metals Inc. (TSXV: PMI; Frankfurt: WKN A0BLR7; P5R) reported that June results at the Panasqueira tungsten mine continued to confirm the initial improvements previously reported for May. A further modest increase in tungsten concentrate production and the higher mill feed grade has been maintained. The results show a continued improvement in comparison to

the first four months of the year and compare favourably with the May results.

Tungsten production for the month of June increased to 9,868 MTUs of WO₃ (tungsten trioxide) compared to an average rate of 9,051 MTUs per month for the first four months of the year (1 MTU = 1 metric tonne unit or 10 kilograms). This is a 9.0% improvement and an additional increase over the 9,708 MTUs produced in May. The mined ore grade during June maintained the improvement to 0.18% WO₃ that was demonstrated in May. This continues to show an improvement over the grade of 0.16% WO₃ experienced in February and the average grade of 0.17% for the first four months of the year. The mining rate was also slightly higher at 67,921 tonnes for June. This compares favourably to an average rate of 65,371 tonnes for the first four months of the year and the 66,775 tonnes in May.

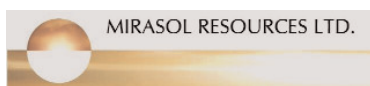
"We are pleased that our June results confirm the modest improvements reported for May," said Lewis Black, Chairman of the Company. "We are very pleased with the work and commitment of our management and production team and look forward to a continuation of these improvements."

Primary Metals Inc. owns a 100% interest in the profitable Panasqueira Tungsten mine in Portugal through its subsidiary, Beralt Tin and Wolfram.

Primary Metals Market Information

Shares Outstanding:	12.9M
Shares Fully Diluted:	15.0M
Recent Price:	\$3.50
52-Week High/Low:	\$3.65/\$1.70
Market Cap:	\$45.2M
Website:	www.primarymetals.ca

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Mirasol Explores New Libanesa Silver-Gold-Lead Project in Santa Cruz

July 23, 2007 - Mirasol Resources Ltd. (TSXV: MRZ; Frankfurt: WKN AOF4Z5; M8R) announced results from its 100%-owned Libanesa high-grade silver (gold, lead) project. The previously unexplored Libanesa project encompasses 50 square kilometres of granted catego (claims) with an additional 150 square kilometres under application, in prospective Jurassic-age volcanic units of Santa Cruz Province, southern Argentina.

Reconnaissance prospecting and rock chip sampling at Libanesa returned anomalous silver, lead and gold from a series of parallel sub-metre wide breccias and veins, which crop out intermittently within a 500 metre long structural trend. Assay results from a 170 metre-long, higher-grade section within the trend returned values ranging from 2.6 g/t to 2802.0 g/t silver. Four sub-metre select samples of galena-matrix breccia, which subcrop over a forty metre strike length, assayed over 1000 g/t silver, with up to 30% lead and up to 2.2 g/t gold. Outcrop of the high grade zone continues to the southeast where it is covered by younger sediments.

A high resolution ground magnetics survey undertaken by Mirasol highlights a five kilometre-long structure which hosts Libanesa mineralization. Interpretation of survey results suggests that the structure hosting high-grade outcrop continues under recent cover, and joins with a small outcrop of silver-lead anomalous breccia located 600 metres to the southeast. Mirasol has initiated a gradient array IP geophysics survey, geological mapping and detailed sampling to better define the potential of the mineralized zone.

The Libanesa project represents a new style of base and precious metals mineralization being recognized in Santa Cruz Province. The high silver to gold ratio and trace element association suggest some similarities to Coeur d'Alene's bonanza-grade silver Martha mine located 160 kilometres to the southwest.

Mirasol Resources Ltd. is focused on the discovery and acquisition of new, high-potential precious metals deposits in the Americas.

Mirasol Resources Market Information

Shares Outstanding:	28.2M
Shares Fully Diluted:	34.7M
Recent Price:	\$0.95
52-Week High/Low:	\$1.40/\$0.60
Market Cap:	\$26.8M
Website:	www.mirasolresources.com

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Grande Portage Intersects Massive Sulphides in 11 Holes

July 4, 2007 - Grande Portage Resources Ltd. (TSXV: GPG) announced it has thus far completed 14 diamond drillholes from three drillsites, all located at the Marten Showing, a step out of

approximately 250 metres south of the former open pit magnetite mine on the Merry Widow project, northern Vancouver Island.

Eleven drillholes to date, have intersected multiple zones of massive sulphide and massive magnetite mineralization. The thickness, number of zones per hole, and constituent mineralogy varies considerably with each hole. The thickness of the zones range from less than one metre up to four metres. The mineralization is comprised of either massive magnetite lenses with lesser chalcopyrite, pyrrhotite and pyrite; or massive sulphide lenses comprised chiefly of pyrrhotite, with lesser chalcopyrite, pyrite, arsenopyrite and cobaltite.

These holes have been designed to explore the copper-gold-cobalt-silver massive sulphide mineralization hosted in the wall rocks and in the periphery of the magnetite skarn. Three drill stations were established and holes were drilled either at steep angles to assess the down dip potential or were fanned out at different bearing angles to determine the mineral variability along strike. By undertaking a drill program in this manner, the company lowers its costs with fewer setups and attains a greater geological understanding within a contained area.

Grande Portage Resources Ltd. is a mineral exploration and development company currently exploring two primary targets - the Merry Widow Group and the Old Sport Horizon - on Northern Vancouver Island. The company is operated by experienced managers and professionals who have been effective in discovery, mine development, and mining operations throughout North America, Africa, Europe and Central Asia.

Grande Portage Resources Market Information

Shares Outstanding:	59.7M
Shares Fully Diluted:	74.1M
Recent Price:	\$0.40
52-Week High/Low:	\$0.93/\$0.36521
Market Cap:	\$23.9M
Website:	www.grandeportage.com

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Great Quest to Drill 3 Targets on the Taseko Property

July 23, 2007 - Great Quest Metals Ltd. (TSXV: GQ; Frankfurt: WKN 657332; GQM) announced that the Company is mobilizing for a 1,600 meter

drill program on its Copper-Gold-Molybdenum Taseko property in British Columbia.

In 1991, a pre-feasibility study was completed on the Empress deposit in the Taseko property by James Askew and Associates, Inc. Mining, Geological and Geochemical Engineers of Englewood, Colorado. This pre-NI 43-101 (and therefore conceptual in nature) study estimated in situ resources manually by the polygonal method from north-south constructed sections of 11,078,000 tons of 0.61% copper and 0.023 ounces per ton gold, at a cut-off grade of 0.40% copper using prices of \$1.00 per pound copper and \$400 per ounce gold.

Great Quest will focus on three targets during the 2007 program. The first consists of copper-molybdenum-gold mineralization in the Granite Creek zone, discovered just north of the Empress deposit.

The second target is in the copper-gold Empress area where high grade samples have been found on the surface. The high grade fragments, up to 7.69% copper, are similar in mineral constituents to that in the Lower North zone, which starts at a depth of 140 meters.

The third target is west of the Buzzer copper-molybdenum-gold zone where a series of greater than 200-parts-per-million, copper anomalies extend to the west for approximately 2,400 meters. The Buzzer zone is a porphyry copper occurrence with disseminated copper and molybdenum with gold in granitic rock..

Great Quest Metals Ltd. is a junior gold company focused on the acquisition, exploration and development of gold prospects in Mali, West Africa. The company holds concessions covering 350 sq km within a 25- by 200- kilometre belt in western Mali that hosts 30 million ounces of gold resources.

Great Quest Market Information

Shares Outstanding:	18.8M
Shares Fully Diluted:	21.3M
Recent Price:	\$0.60
52-Week High/Low:	\$0.91/\$0.52
Market Cap:	\$11.3M
Website:	www.greatquest.com

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MINDORO
RESOURCES LTD.

Bonanza Zone Extended at Kay Tanda

July 24, 2007 - Mindoro Resources Ltd. (TSXV: MIO; Frankfurt: WKN 906167; OLM) reported that it had drilled another bonanza-grade intercept from the Kay Tanda epithermal gold-silver prospect, Archangel Project, the Philippines. Core hole KTDH-24 intersected 99.2 meters of 2.72 grams per tonne (g/t) from 1.8 to 101.0 meters, which includes one meter of 192.09 g/t gold from 47.0 to 48.0 meters. This is believed to be the extension of bonanza mineralization previously reported on June 15, 2007, from KTDH-20, 12.5 meters along strike to the southeast, which intersected 61 meters grading 5.12 g/t gold from 3.0 to 64.0 meters, including one meter of 246.41 g/t gold from 25.0 to 26.0 meters. The bonanza intercepts enhance overall grades and will be reduced by cutting in the final resource estimate. Mindoro applies rigorous quality assurance, quality control and security programs in all drilling material handling and assay procedures and all results are reported with complete confidence in their integrity.

KTDH-24 was the final hole in an infill program recommended by Golder Associates in their geo-statistical overview of Kay Tanda (see release dated June 11, 2007). Golder recommended close-spaced drilling (12.5 by 12.5 meters) over a small portion of the deposit to provide information on the short-scale continuity of the mineralization. It is anticipated that more such bonanza zones will be encountered within the large area of mineralization outlined to date at Kay Tanda, and this second intercept provides excellent information on the structural controls and orientation of the bonanza zone (northwest strike and 65 degrees northeast dip).

Hole KTDH-24 completed the current phase of drilling, which had the objective of the Exploration Target defined below (About Kay Tanda). A NI 43-101 resource estimate is in progress. The mineralization is still open in several directions and to depth and, at a later date, further resource extension drilling is planned. In the meantime, the focus is on evaluating and advancing Kay Tanda as an open-pit, heap-leach operation. A mining engineer, Mr. Dallas Cox BE (Min), with a great deal of open-pit gold mining experience in the SW Pacific region, is carrying out preliminary planning and scoping work. Community relations programs and

environmental base line studies are being accelerated.

A summary of the latest results can be found on the company's website.

Mindoro Resources Ltd. is carrying out resource delineation at the Kay Tanda epithermal gold-silver prospect and has identified 22 porphyry copper-gold prospects and a nickel laterite prospect in the Philippines.

Mindoro Resources Market Information

Shares Outstanding:	75.4M
Shares Fully Diluted:	93.4M
Recent Price:	\$0.81
52-Week High/Low:	\$1.31/\$0.38
Market Cap:	\$61.1M
Website:	www.mindoro.com

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